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 Health Officer, Howard County Health Department

Steven C. Snelgrove, HCLHIC Co-Chair
 President, Howard County General Hospital

Howard County Local Health Improvement Coalition

Healthy Weight Work Group Meeting

October 26, 2017 – 9:00 – 10:30 a.m.

Barton A/B

Minutes

Members Present:

Mary Ann Barry, Transition Howard County
 Tara Butler, J2BH
 Maria Carunungan, HCHD
 Bronson Dant, Ellicott City Health and Fitness
 Marsha Dawson, HCD CRS
 Jeannie DeCray, HCD CRS
 Will Dunmore, HC Rec and Parks
 Loretta Hoepfner, MDAAP

Kayla Kavoukas, HCHD
 Alex Kruskal, HCHD Intern
 Vanessa Michel, HCHD
 Cindi Miller, HCGH
 Ekere Ojola, HCPSS
 Shawni Paraska, Columbia Association
 Kelly Wilson, United Healthcare Community Plan
 Barbara Wasserman, Community Member

Guests Present:

Rebecca Pille, Maryland University of Integrated Health
 Claudia Wingo, Maryland University of Integrated Health

Staff Present:

Kelly Kesler, HCLHIC Program Director
 Mary Wahl, HCLHIC Program Manager
 Lauren Williams, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up/Outcome
Welcome and Introductions	Barbara Wasserman called the meeting to order at 9:00 a.m. Group members introduced themselves.	
Approval of Minutes and Announcements	Lauren Williams shared that the work group meeting would be recorded for production of minutes. Lauren Williams provided a brief review of the August workgroup meeting. Meeting minutes were sent out September 7 th . There was one edit that	Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal . Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming

	<p>has been corrected. A motion to accept the minutes as written was made by Cindi Miller and seconded by Vanessa Michel.</p> <p>Members were asked to share any announcements from their organizations.</p>	<p>Healthy Weight Events: http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/. To request an event be added to the HCLHIC Community calendar contact Kelly Kesler at kkesler@howardcountymd.gov</p> <p>Jeannie DeCray announced the Office on Aging Stepping On Program Workshops this Fall- Thursdays from 10am to Noon.</p> <p>Marsha Dawson shared the list of programs sponsored by the Local Children’s Board and are currently recruiting for those programs. These documents are attached to the email.</p> <p>Shawni Paraska announced the following:</p> <ul style="list-style-type: none"> • Columbia Association’s Open House on Nov 4th • Columbia Association will be collecting donations for Grassroots Food Bank starting Nov. 17th. <p>Tara Butler from J2BH announced:</p> <ul style="list-style-type: none"> • Wellness Screenings at HCGH on Nov. 3rd; • Two Living Healthy with Hypertension sessions on November 8th and December 1st. <p>Kelly Kesler announced the HCLHIC Communications Action Tool for November and encouraged members to use tool to share November Health Observances on member social media websites.</p>
<p>Delegate’s Report</p>	<p>Lauren Williams provided an overview of the Farmers Market initiative.</p>	<p>LHIC and WIC staff from HCHD and staff from the Roving Radish and University of Maryland Extension attended the Farmers Market at Oakland Mills on July 30th to share LHIC information and to distribute WIC Farmers Market vouchers for redemption. WIC vouchers were distributed to 9 individuals and 8 gift cards were distributed.</p>

		LHIC, WIC and Healthcare Access Staff from HCHD and staff from the Roving Radish and University of Maryland Extension attended the Farmers Market on August 27 th at Oakland Mills to share LHIC information and to distribute WIC Farmers Market vouchers for redemption and resources from the Healthcare Access Bureau. WIC vouchers were distributed to 45 individuals and 41 gift cards were distributed.
Guest Speaker Presentation	Rebecca Pille, Ph.D., MS, CWP and Claudia Wingo, MPH, RN, DMH from Maryland University of Integrated Health presented on Health Literacy.	Members were given strategies on how to incorporate health literacy practices in their organizations. For a copy of the presentation, click here .
Strategic Planning Session	Kelly Kesler and Mary Wahl led the discussion on the update of the developed goals, objectives and tactics prioritized for the FY18-20 Action Plan.	Coalition members were given a program matrix of current physical activity and nutrition programs in the county, and members provided feedback. Lauren Williams asked members to provide any additional feedback by 11/8/17. This document is attached in the email.
Wrap Up and Adjournment	<p>Lauren Williams reminded members of action items for November meeting:</p> <ul style="list-style-type: none"> • Strategies to engage non- healthy weight members in our initiatives • Utilize Communications Action Tool to share November Health Observances • Send feedback on program matrix by 11/8/17 <p>The work group meeting was adjourned at 10:30 a.m.</p>	

Work Group

- November 30, 2017 9:00-10:30 a.m. (Barton A&B)
- February 22, 2018 9:00- 10:30 a.m. (Barton A&B)
- March 22, 2018 9:00- 10:30 a.m. (Barton A&B)
- May 24, 2018 9:00-10:30 a.m. (Barton A&B)

FULL HCLHIC

- January 25, 2018 8:30-10:30 am (Susquehanna)
- April 26, 2018 8:30-10:30 am (Potomac)
- June 28, 2018 8:30-10:30 am (Susquehanna)

Respectfully submitted by
 Lauren A. Williams, C.H.E.S.
 Program Coordinator, Howard County Local Health Improvement Coalition